



Metro Community Development Corporation dba Delavan-Grider Community Center

Job Title: Part-Time Fitness Instructor

Location: 877 East Delavan Avenue, Buffalo, NY 14215

Wage: ?

Hours: Part-time with flexible hours, mainly daytime and Saturdays

Reports to Executive Director

Description: Metro CDC/ Delavan-Grider Community Center is a dynamic fitness and wellness center dedicated to promoting healthy lifestyles and well-being. We're seeking an enthusiastic Part-Time Fitness Instructor to join our team. If you're passionate about fitness, enjoy diverse groups, and love helping people achieve their fitness goals, we encourage you to apply. As the Part-Time Fitness Instructor, your role is to lead engaging fitness classes, catered to various fitness levels and goals. Ensure the fitness center is meeting the needs of the community. You'll work to design effective workouts, ensure safety, and motivate participants.

Key Responsibilities:

- Lead fitness classes for all levels, ensuring safe and effective workouts.
- Provide safety training with the fitness equipment for a wide range of ages from teens to seniors Foster an inclusive atmosphere and provide individualized support.
- Ensure safety and equipment maintenance.
- Stay informed about fitness trends and industry best practices. Provide excellent customer service and maintain accurate records.
- Adhere to safety protocols and emergency procedures.

Qualifications:

- Previous fitness instructor experience is a plus.
- Strong communication and passion for wellness.
- Ability to create engaging exercise routines.
- CPR and AED certification (or willingness to obtain).

Metro Community Development Corporation is an Equal Opportunity Employer and encourages applications from individuals who reflect the diversity of the community it serves.

If you're enthusiastic about fitness and wellness, we encourage you to apply. Please submit your resume and coverletter for consideration to metrocdc877@yahoo.com